

PENNINGTON CHURCH OF ENGLAND SCHOOL  
PENNINGTON  
Nr. ULVERSTON  
CUMBRIA LA12 ORR.

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*Head Teacher: Mrs Helen Storey*

## Spring Term Newsletter 05 - 01/02/2023

Dear Parents and Carers

Well done to all the children who received Special Mentions last week.



## **Children's Mental Health Week - Monday 6<sup>th</sup> - Friday 10<sup>th</sup> February**

We are having a whole school Family Day on **Monday 6<sup>th</sup> February**. The theme is Children's Mental Health. This is such a positive way to teach children about Mental Health, feelings and where they can access support if they need it.

The children will have a fun but informative day. They will learn skills and strategies to support their own mental health, build resilience and have the opportunity to develop empathy towards others.

The children can wear **non-uniform** that day in exchange for **£1.00** (this can be paid for via Parentpay) and we will use the money raised to buy books to further support children with mental health.

### **Online Safety News, Tips and Helpful Advice**

There are lots of ways that you can support your child's mental health and wellbeing online. Click the link to learn more from the NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/onlinewellbeing/>

### **Opal Play**

As you know from our previous newsletter, we are working with a company called OPAL Play who audit play in schools then support improvements so that all children are able to make the most of their playtimes. We have had our first two meetings with Jess, our OPAL advisor, and we are currently gathering information from children, staff and parents. Please find the link to the online parent survey below. It will only take a few minutes to complete and it is important we collect the thoughts and feelings of all involved at the beginning and the end of the development project.

<https://www.surveymonkey.co.uk/r/6PSQ8PP>

### **Playground Buddies**

We enjoy positive playtimes but of course, with 197 children all using the same spaces, there will be disagreements and issues from time to time so we have decided to involve children in finding solutions to minor issues and incidents. Mrs Wright talked to the children in assembly this week about becoming 'Playtime Buddies' and an advert for the role is displayed around school for the children to apply for. They can get a written application form from Mrs Wright. It is our intention to begin with two Playtime buddies per class and we may rotate them half termly dependant on how many children apply for the positions.

We are looking for children who enjoy helping others who feel they are a positive role model.

They may be required to:

- help a child who is upset - try to help them calm down and find a solution.
- help a child who is alone - help them find a friend for them to play with.
- help a child who may have hurt themselves find an adult to give them first aid.

Playtime Buddies will enjoy their own playtimes but should be willing to stop their own games if someone is in need of their assistance. Mrs Wright, our Senior Learning Mentor, is out on duty every playtime and lunchtime and the children know that both her and all other staff on duty are there to help.

### **Robin Hood Pantomime - Thursday 26<sup>th</sup> January**

We had a wonderful time at The Coronation Hall watching Robin Hood at this year's Ulverston Pantomime - look out for information on our Newsletter next December as we intend to go again to support our fabulous local talent.

### **Year 6, 5 and 4 Residential Trips**

Can we please remind parents to log into Parentpay and use the payment plan to make instalments towards this year's residential trips to York and Low Wood Ground.

Children in Year 4 and 5 will be bringing a Participant Consent Form home this week - please can parents complete and return back to school by Friday 10<sup>th</sup> February - thank you.

### **School Vision and Values (WE NEED YOUR OPINIONS - PLEASE HELP)**

A few years ago, we did some work with our whole school community supported by the diocese about rewriting the vision for our school. As a Church of England primary school, it is important that our vision is distinctly Christian and that we recognise that Christian values are rooted in the Bible.

Our vision was discussed at length and re-written, shared with staff, governors, parents and children, then encapsulated in our strapline 'God gave each of us different gifts- together we can do great things'. 'God gave each of us different gifts' is a verse taken directly from the Bible. 'Together we can do great things' is a quote from Mother Teresa who was a Catholic nun who founded the Missionaries of Charity and dedicated her life to helping others.

We believe our strapline recognises and celebrates that we are all different and working together will allow us all to achieve more and flourish. You do not have to be a Christian to attend or work in our school but must be supportive of our vision and values. Our vision is shared and underpins the ethos of the school. We aim to be supportive, empathetic and welcoming to all who visit.

Just after we had written our vision, we selected eight Christian Values - Trust, Honesty, Forgiveness, Koinonia (this means belonging/community), Friendship, Hope, Endurance and Thankfulness. Each half term, we focus on one value and learn about it. We use the values as a focus for collective worship, discussions and displays.

It is good practice to regularly review and reconsider our vision and our Christian values and decide whether we would like to refocus on other Christian Values. Sometimes values suit a certain time or point in our lives or others become more pertinent to our situation.

We will be looking at the Christian values with each class, discussing their meanings and making some decisions about which ones we keep and which ones we may want to exchange for an alternative. Staff will also talk about them at a staff meeting and have the opportunity to contribute to the discussion.

We would also like to involve parents and governors in our decision making.

We have provided a long list of Christian values below and ask that you complete the online survey which you can access using this link:

[https://docs.google.com/forms/d/e/1FAIpQLScDPY9vJHrERifTWAEDoZsBODQOhd2kU1USYYoktcOcS8t-Qw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLScDPY9vJHrERifTWAEDoZsBODQOhd2kU1USYYoktcOcS8t-Qw/viewform?usp=sf_link)

Alternatively, you can print the form below, tick/colour those that you feel should be most important to our school community, the values that you feel your children should learn most about in school and hand in to the school office.

Please choose no more than 10

Generosity	Compassion	Wisdom	Thankfulness
Hope	Humility	Gratitude	Honesty
Love	Integrity	Modesty	Patience
Respect	Service	Kindness	Community
Endurance	Reverence	Forgiveness	Gentleness
Peace	Justice	Resilience	Truthfulness
Faith	Koinonia	Creativity	Goodness

Thank you in advance for your support with this. We will let you know the outcome in a few weeks when the consultation period is over.

## After School Clubs

We aim to offer a range of after school activities throughout the year. The timetable for next term is displayed below. **There will be a charge for any clubs marked in red as there is a cost to the school to run these clubs.** We still consider this to be good value. Thank you to staff for giving their time freely to offer these opportunities.

If you want your child to take part in an after-school club activity, please email [admin@penn.cumbria.sch.uk](mailto:admin@penn.cumbria.sch.uk) to give permission to the clubs your child wishes to attend.

**If your child wants to join Multisports or Football please log into Parentpay to secure their place.**

For those clubs that need payment an email will be sent out to the whole year group the club is aimed at, to enable parents to give permission and pay by Parentpay. If your child does not want to take part in a paid after school club, please can you email [admin@penn.cumbria.sch.uk](mailto:admin@penn.cumbria.sch.uk) and the payment request will be removed from your Parentpay account.



## After School Clubs - Spring 1 2023

Day	Activity	Leader	Where?	Time
Monday	Year 3,4,5 & 6 Watercolours <b>(FULL)</b>	Mrs Barton	Year 4 Classroom	3.15-4.00pm
Tuesday	Year 1, 2 and 3 Multi Sports <b>£15.00</b>	Jack	School Playing Field Hall when wet	3.15-4.00pm
Wednesday	Year 3, 4, 5 & 6 Football <b>£15.00</b>  Year 1 & 2 Lego Club <b>(FULL)</b>	Corey  Miss Sedgwick	School Playing Field Hall when wet  Year 1 Classroom	3.15-4.00pm  3.15-4.00pm

**After School Club Attendance** - To enable that we know your child is safe, please can you let school know if your child is not going to be able to attend their after-school club. Thank you.

# SCHOOL TERM DATES 2022/2023



## AUTUMN TERM 2022

### STARTS

Wednesday  
7 September

### ENDS

Tuesday  
20 December (1.30pm)

### HALF - TERM HOLIDAY

Monday 24 October -  
Friday 28 October

Number of school days in term - 70

## SPRING TERM 2023

### STARTS

Wednesday  
4 January

### ENDS

Friday  
31 March

### HALF - TERM HOLIDAY

Monday 20 February -  
Friday 24 February

Number of school days in term - 58

## SUMMER TERM 2023

### STARTS

Monday  
17 April

### ENDS

Wednesday  
19 July

### HALF - TERM HOLIDAY

Monday 29 May -  
Friday 2 June

Good Friday - 7 April  
Easter Sunday - 9 April  
Easter Monday - 10 April  
May Bank Holiday - 1 May  
Coronation Bank Holiday - 8 May

Number of school days in term - 62

Number of days in year - 190

SATS Week - 9 to 12 May

INSET Days: Monday 5 and Tuesday 6 September  
Tuesday 3 January



# SCHOOL TERM DATES 2023/2024



## AUTUMN TERM 2023

### STARTS HOLIDAY

Wednesday  
6 September

### ENDS

Tuesday  
19 December

Number of school days in term - 70

### HALF - TERM

Monday 23 October -  
Friday 27 October

## SPRING TERM 2024

### STARTS

Wednesday  
3 January

### ENDS

Thursday  
28 March

Number of school days in term - 57

### HALF - TERM HOLIDAY

Monday 12 February -  
Friday 16 February

## SUMMER TERM 2024

### STARTS

Tuesday  
16 April

### ENDS

Friday  
19 July

Number of school days in term - 63

Number of days in year - 190

INSET Days:       Monday 4 and Tuesday 5 September  
                          Monday 15 April

### HALF - TERM HOLIDAY

Monday 29 May -  
Friday 2 June

Good Friday - 29 March  
Easter Sunday - 30 March  
Easter Monday - 1 April  
May Bank Holiday - 6 May



## Onside Sports Coaching Half Term Holiday Camp

### Onside Football & Multi Sports Academy (4-12 year olds)

The camp will consist of fun and enjoyable warm up games and then allow the children to experience numerous sporting activities during the day. All coaching will be delivered by coaches with enhanced DBS disclosures to work with children enabling us to provide a fun, safe environment for your child to work



**FURNESS ACADEMY**  
**Mon 20<sup>th</sup> Feb - Fri 24<sup>th</sup> Feb**



Limited places available. Book early  
to avoid disappointment

- Each camp will run **9am-3pm** (bubble drop off and collection times will be confirmed on booking)
- We will continue to run age group bubbles and the children will work with the same coaches each day.
- We have use of a huge hall and 3g playing facilities so if the weather is poor the camp will run as normal.
- Participants will require appropriate sports kit and trainers. Also, a packed lunch and still drinks will be needed for their lunch break.

- **INDIVIDUAL DAYS £15**
- **FULL WEEK BOOKING £65**

For further info please contact Gavin Butler

T – 07887940150

E – [Gav@onsidesportscoaching.co.uk](mailto:Gav@onsidesportscoaching.co.uk)

F- Onside Sports coaching Development

Photographs/Videos may be taken for publicity, training and advertisement purposes. By sending YES it will indicate you DO have objections to this, please contact Onside Sports Coaching with any questions





**Thursdays**

**4-5pm**

**Ages 5-11**

**Glaxo Sports Hall (LA12 9DR)**

**£3 per session**

**(paid in termly blocks)**

**For more info get in touch-  
hannah@hpactivities.com**

**Visit [hpactivities.com](http://hpactivities.com) to see how to book!**



**HP ACTIVITIES**  
Community | Inclusion | Engagement



## Adventure on your doorstep! February Fun Family 'O' Days

**23rd Feb. Ulverston Leisure Complex 10am-12 noon**

**24th Feb. GSK Sports Grounds 10am-12 noon**

**25th Feb. Ford Park and Hoad Hill 11am-1pm**

*Also 20th- 22nd February in venues around Kendal*



Join us this half-term for three days of fun,  
adventure and exploring in the outdoors.

Learn navigation skills, find your way around  
the map, have fun together.

**Aimed at children 7-11 taking part with an adult**



More information? Questions?  
[clairefo@lakelandoc.uk](mailto:clairefo@lakelandoc.uk)

To register go to link on:

[lakeland-orienteeing.org.uk](http://lakeland-orienteeing.org.uk)



# FEBRUARY HALF TERM

20TH-23RD FEB

**MON**

**LITTLE BALLERS FOR AGES 18 MONTHS+  
1-1.30PM  
URSWICK HALL**

**TUE**

**MULTI SPORTS FOR AGES 4+  
10AM-12PM  
ST MARYS PRIMARY SCHOOL**

**WED**

**MULTI SPORTS FOR AGES 5+  
9.30AM-2.30PM  
LOW FURNESS PRIMARY SCHOOL**

**THU**

**CRAFTS FOR AGES 5+  
10AM-2PM  
LOW FURNESS PRIMARY SCHOOL**

**BOOKABLE NOW VIA- [HPACTIVITIES.COM](https://hpaactivities.com)**

FIND US ON   **HP ACTIVITIES**

**EMAIL- [HANNAH@HPACTIVITIES.COM](mailto:HANNAH@HPACTIVITIES.COM)**



**THURSDAYS  
AFTER SCHOOL  
3.30PM-5.00PM**

**Ulverston  
Library**

# **LEGO CLUB**

**Children under 8 must be  
accompanied by a  
responsible person**