

PENNINGTON CHURCH OF ENGLAND SCHOOL
PENNINGTON
Nr. ULVERSTON
CUMBRIA LA12 ORR.

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Head Teacher: Mrs Helen Storey

Spring Term Newsletter 06 - 04/03/2021



Dear Parents, Carers and Children

Not long to go now, just a few more days and we will be together again. Staff can't wait to see the children and teach live, interactive lessons! We have worked well together throughout lockdown but nothing beats working and learning alongside each other in our wonderful school.

We know everybody's experience of lockdown has been different and would like to thank everyone who completed one of our wellbeing questionnaires. If you have not yet had chance, we attach it again this week. You can complete it electronically and return to head@penn.cumbria.sch.uk or print out and give in to the school office. This will help us to help your children when they return.

Responses from returned questionnaires so far indicate that children are most looking forward to being with their friends. Be assured that we will prioritise the teaching of English and maths but this will be balanced with the wider curriculum, friendship and fun.

Please make sure you read the letter sent on Monday with all details and procedures for returning to school and share with your child so they feel confident about coming back.

See you soon

This Friday is 'Fortunate Friday'

Here is a list of suggestions of things you can do:

- Write a prayer thanking God for all that you are grateful for
- Remember to use your 'pleases and thankyou's' all day with no reminders!
- Play the glad game! Start your day by thinking of 3 things you feel glad about or grateful for. Scientists believe that people who get into the habit of focusing on the good things, have a happier life.
- Find out about life for school children in another country. Think about the similarities and differences. Think about why you are fortunate to live in England, Cumbria and come to Pennington school
- Spend time outside, make a list of sounds, smells and feelings you have when you are outdoors. We naturally feel happier outside. There is a lot to be grateful for outside!
- Make a thank you card or write a letter to somebody you feel fortunate to have in your life. Perhaps someone who helps you or looks after you.

Lunchshop and CoolMilk

Please can parents of children in Reception, Year 1 and Year 2 remember to choose your child/ren's meals for the next few weeks and if your child has milk log onto the CoolMilk website to order for the remainder of the term.

Children's Health

If you have concerns about your child's health or have already been informed by the doctor that they are clinically extremely vulnerable, please ensure you tell us so that we can complete a separate individual risk assessment and support your child in whatever way is necessary.

Please be aware that due to Covid restrictions, it is unlikely that the Paediatric Audiologist will be visiting school to test Reception children's hearing this academic year. If you are worried about your child's hearing, please contact Janice Dent at Ulverston Health Centre

<p>Janice Dent Ulverston HC, Stanley St, Ulverston LA12 7BT Phone: 01229 409620 Mobile: 07812 473649 Email: Janice.Dent@ncic.nhs.uk</p>	<p><u>Tuesdays at:</u> Ulverston Health Centre Stanley Street Ulverston LA12 7BT</p> <p><u>Tuesdays & Wednesdays at:</u> Alfred Barrow Health Centre Duke Street Barrow-in-Furness LA14 2LB</p>
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Pupil wellbeing questionnaire

Child's Name

Class

1. Have your family directly been affected by Covid 19 or other illness in recent months? Please give details, particularly if there has been bereavement in the family or your child has witnessed any serious illness.
2. How has your child coped with remote learning? Do you have any concerns about their learning?
3. Have your family circumstances changed during the last few months and if so how do you think this has affected your child?
4. How do you think we could best support the wellbeing of your child when they return to school?

In our experience, many children are more resilient than we realise and they bounce back very quickly when routines are re-established. We found this last time. Please be assured that we will make every effort to balance academic, social and emotional needs when we return to school and our positive, nurturing environment will support everyone.