

PENNINGTON CHURCH OF ENGLAND SCHOOL
PENNINGTON
Nr. ULVERSTON
CUMBRIA LA12 ORR.

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Head Teacher: Mrs Helen Storey



Autumn Term Newsletter 06 - 21/10/2020

Dear Parents and Carers

Drop offs and Pick ups

Thank you for your patience with our staggered system which is working well. Here are the times for the next half term:

Reception Class - drop off between 8.40am and 9.10am, pick up between 2.40pm and 3.00pm.

Year 1 and Year 2 - drop off between 8.50pm and 9.10pm, pick up between 3.00pm and 3.10pm.

Year 3, 4, 5 and 6 - drop off between 8.30am and 8.50am, pick up between 2.50pm and 3.00pm.

Just a gentle reminder that we have requested that just one adult drops off and collects at the school gate where applicable.

Boxes of Hope

Local Shoebox Charity - www.boxesofhopecumbria.co.uk

Children and adults alike love to fill a shoebox - it is a simple and fun thing to do, doesn't have to cost a lot of money, and it really does make a difference to a child who has none of the basics we take for granted. For these children there is none of the commercialisation we endure for weeks leading up to Christmas. Many of them have never in their lives had a gift. Many have never had a toy. Boxes of Hope are a team of volunteers committed to providing help to children and families who are living in abject poverty in Eastern Europe, through no fault of their own. Their main project is the Christmas shoebox campaign.

We are asking for any contributions to be sent into school during the week after half term (2nd Nov - 6th Nov) so that we can collect them and deliver them to the drop off points. We realise that this year is very different and people may not feel able to contribute a whole box. If you would prefer to make a smaller contribution towards a box, we can assemble some boxes at school. We have attached the leaflet explaining what can be included in the boxes. Thank you.

What to do next....

- Obtain a small or medium sized shoebox (NO BOOT BOXES PLEASE!) and wrap the lid and the box separately with bright paper. Maximum size: L30cm x W18cm x H11cm
- Fill the box for a child aged between 3 and 14 with items from the list below - a mixture of fun and practical items: We do not specify any age groups, as our experience, when distributing the boxes, has shown that it is impractical to match these up correctly. However, families tend to be large, so swapping and sharing take place.
- Complete the donation form overleaf - please consider gift aid if you are a taxpayer, as we can claim an extra 25% on your donation (£2 becomes £2.50).
- Put the form and your £2 donation - cash or cheque - in an envelope. Place **on top of** the items inside the box.
- Cut out the boy or girl label and tape it on the outside of the lid, securing the box with a stout elastic band.
- Take your box to one of our Drop-off locations NO LATER THAN 12th NOVEMBER. (The boxes travel overland to Romania and have to leave by mid Nov).

An ideal box will contain....

- A selection of toys and games such as a ball, car, doll, skipping rope, yo-yo, dominoes (sturdy toys please as these children are not used to toys and have little manual dexterity).
- Sweets (use by date at least March of next year).
- Notebook, colouring book, pen, crayons, pencils, rubber, ruler, pencil sharpener.
- Hat, scarf, mittens or gloves, a pair of socks.
- Soap and a facecloth, toothbrush, toothpaste, hair brush/comb, hair accessories.

But please NO....

- Food (except for sweets), medicines, aerosols, liquids (shampoo, shower gel, bubbles), glass or fragile items, sharp items (knives, scissors, needles).
- War related toys (guns, tanks, soldiers), novels.
- Playdough, plasticine, loom bands

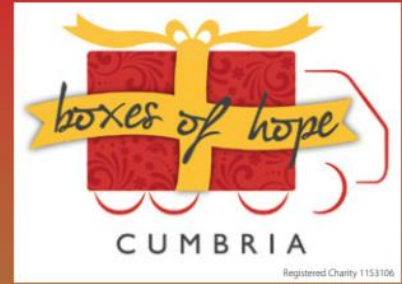
Please ensure that all items are new or in good condition and clean. All shoeboxes are checked carefully and we reserve the right to remove any unsuitable items. Occasionally it may be necessary to split very large boxes.

A team of our volunteers visits Romania to distribute the boxes



New for 2020

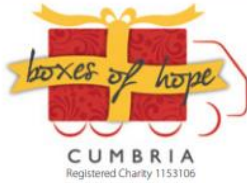
Collections across North & West Cumbria
– Drop-off points in: **Whitehaven, Wigton, Carlisle, Brampton**
Full list on website from 1st October



YOUR
LOCAL
SHOEBOX
CHARITY



www.boxesofhopecumbria.co.uk



About us

We are your LOCAL shoebox charity. Our experienced team, led by 5 Trustees, and with over 100 volunteers, is committed to helping deprived communities in Eastern Europe by sending gift-filled shoeboxes at Christmas.

A small team (self-funded) visits Romania each year to distribute the boxes to the children, enabling us to give you direct feedback. We have great support from schools, churches, community groups plus many individual donors and hope that you can help us again, by filling a box and including a donation of £2 to cover transport, packaging etc. This amount is kept to a minimum as we have no staff to pay.

Campaign dates

November 1st to November 12th

Schools may have their collection before this date.

Where to take your box

A full list of drop-off locations across the county will be found on our website from October 1st. Examples are:-

Nan Tait Centre, Barrow; Westmorland Gazette & Natwest, Kendal; Mountain Goat, Windermere; Hayes, Ambleside; Stephenson's, Appleby; Sedbergh Post Office; Taylor's, Kirkby Lonsdale.

How to contact us

Barrow: Rhona Teale 07821 849 992
Kendal: Amanda Robb 01539 733511
Kirkby Stephen: Karen Simkins 01768 371906
Ambleside: Rowena Pavay 07775 973413
Lancaster: Ann Wardlaw 01524 64164
North & West Cumbria: Ceri Weighman 07474 662375



E: info@boxesofhopecumbria.co.uk

www.boxesofhopecumbria.co.uk

From Cumbria to Romania

We are now linking with different areas of Romania to help ensure that different children receive a shoebox this Christmas. With the benefit of our experiences handing out your shoeboxes, we ask you to focus mainly on the "fun" element - small toys, games and sweets. Ideally we would like each box to contain a car, because we get fewer 'boy' boxes and sometimes boys may have to have a 'girl' box. You can fill a box suitable for both boy and girl if you wish - the children always share.

Our boxes go to children who have the most need - children who live in abject poverty, many of whose homes are nothing but a one-roomed mud hut, children who do not have any of the basics that we take for granted; children who are lucky if they ever learn how to read and write.

Thanks to fund raising throughout the year, as well as the use of surplus funds from the shoebox campaign, we continue to support educational projects which help children and their families to break from the cycle of poverty and fulfil their potential in life.



BOY



GIRL

Please detach and put form and donation in an envelope on top of the items inside your box. If you are paying for more than 1 shoebox or paying online please add a note to that effect.



Registered Charity 1153106
giftaid it

I enclose cash/cheque for £..... (cheque payable to Boxes of Hope, Cumbria)

Are you a UK Tax Payer?

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by Boxes of Hope, Cumbria from the tax you pay for the current tax year. Your address is needed to identify you as a current UK tax payer.

I want to Gift Aid my donation - please tick ✓

I am UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

My details (only required if Gift Aiding)

Title: First Name or Initials: Surname: Postcode:

Address: Date:

Email address:

These details will not be shared with any other organisation.

To pay online visit: www.boxesofhopecumbria.co.uk

The Royal British Legion Poppy Appeal

Year 5 and 6 will be selling poppies at the beginning of the school day and lunch time from first day back after half term. We have paper poppies and pin badges available for a donation, together with Zip Pull for 50p, Reflector Poppies for 50p, Wristbands for £1.00 and Snap Bands for £1.50.

Reading Books and/or resources

We were fortunate during lockdown to lend reading books and resources to children - please can you check your cupboards as a few have still not been returned to school.

CoolMilk

Free milk is available for all children under the age of 5 in school, funded by the UK Government. In our school, this milk is provided by Cool Milk, the UK's leading school milk supplier. We will register your child for their free school milk on your behalf by providing Cool Milk with your child's name and date of birth. When your child turns 5, you are able to pay a subsidised rate for your child to continue to receive milk. If you wish for your child to continue receiving milk from the age of 5, simply register with Cool Milk directly via their website, www.coolmilk.com Once registered the process takes about 7-10 days the milk delivery team receive instructions.

Flu Immunisation

Just a reminder to return the green slip for the flu immunisation. The nurses are coming into school on **Tuesday 10th November**. We have some spare forms in the school office. Thank you.

Coronavirus

On 12 October the Department of Health and Social Care published information on local COVID alert levels, including what they mean, why they are being introduced and what the different levels are. The tiers of restriction for education and childcare, summarised in annex 3 of the contain framework (<https://www.gov.uk/government/publications/containing-and-managing-local-coronavirus-covid-19-outbreaks/covid-19-contain-framework-a-guide-for-local-decision-makers#annex-3-tiers-of-national-restriction>), work alongside the local COVID alert level framework (<https://www.gov.uk/guidance/local-covid-alert-levels-what-you-need-to-know>).

At all local alert levels, the expectation is that education and childcare provision should continue as normal. The government has been very clear that limiting attendance at schools and other education settings should only be done as a last resort, even in areas where a local alert level is 'high' or 'very high'. Decisions on any restrictions necessary in education or childcare settings are taken separately on a case-by-case basis in the light of local circumstances, including information about the incidence and transmission of coronavirus (COVID-19).

If you or your child shows any of these symptoms, contact <https://www.nhs.uk/ask-for-acoronavirus-test> to arrange a test.

Please remember that for most people, Coronavirus will be a mild illness.

After School Clubs

Next terms Sport with Tom will be for Year 3 and Year 4. An email will follow to the whole of both year groups to enable parents to give permission and pay by Parentpay. If your child does not want to take part in a paid after school club, please can you email admin@penn.cumbria.sch.uk and the payment request will be removed from your Parentpay account.



After School Clubs - Autumn 2 2020

Day	Activity	Leader	Where?	Time
Tuesday	Year 3 Sports with Tom - <u>£14.00</u>	Tom	School Playing Field Hall when wet	3.00-4.00pm
Wednesday	Year 4 Sports with Tom - <u>£14.00</u>	Tom	School Playing Field Hall when wet	3.00-4.00pm

After School Club Attendance - To enable that we know your child is safe, please can you let school know if your child is not going to be able to attend their after-school club. Thank you.



Public Health
England

Tuesday 10th November 2020



flu: 5 reasons to vaccinate your child



1. **Protect your child.** The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. **Protect you, your family and friends.** Vaccinating your child will help protect more vulnerable family and friends

3. **No injection needed.** The nasal spray is painless and easy to have

4. **It's better than having flu.** The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. **Avoid costs.** If your child gets flu, you may have to take time off work or arrange alternative childcare

What should I do?

Contact your child's GP if your child was aged two or three years old (on the 31 August of the current flu season) and you haven't heard from them by early November.

If your child is at primary school, the school will send you a consent form. Please sign and return it. If your child has a health condition that puts them at greater risk from flu, they can get the flu vaccine from their GP.

For more information visit www.nhs.uk/child-flu

**HELP US
HELP YOU**
STAY WELL THIS WINTER

Flu i mmunisation
Helping to protect children,
every winter



E-School Nurse Video Clinics



Twice weekly **online health support** and **advice for parents**, carers and professionals, **supporting children and young people aged 5-19** years old.

Tuesday and Thursday

You will be able to talk to the nurse over a live video link that is private, secure, confidential and convenient for you. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic**
Please read the information leaflet or visit:

www.cumbria.gov.uk/ph5to19

You can telephone for an appointment

0300 30 34 365



**If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste**

**This could be a sign of
coronavirus**

Book a test

**If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste**

**These are
not normally symptoms of
coronavirus**

**Seek advice from a pharmacy, dial
111 or see your GP**